

# How does climate change affect physical, mental and community health?

## Climate impacts



Air pollution



Forest fires



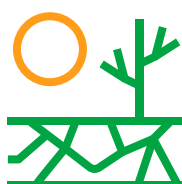
Rising sea level



Temperature increases



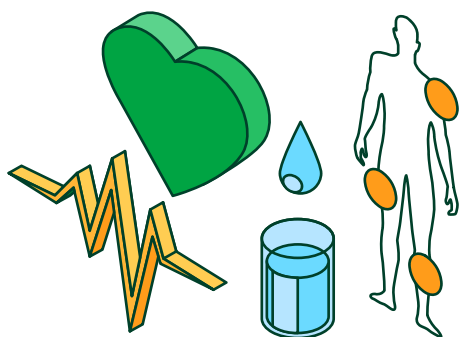
Extreme weather phenomena



Droughts



## Physical health



- **Changes in physical fitness** at activity level.
- Increase in **heat-related episodes**.
- Rise in **allergies**.
- Increased exposure to **waterborne diseases**.

## Mental health



- **Stress, anxiety, depression**, grief, feeling of loss.
- **Tension** in social relations.
- **Substance** abuse.
- Post-traumatic **stress disorders**.

## Community health



- Increase in **interpersonal aggression**.
- Increasing **violence and crime**.
- Increased **social instability**.
- Reduction of **social cohesion**.

Source: US Global Change Research Program.